

KINDNESS

BINGO



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OF WYOMING

Draw a picture and give it to someone.

Tell your parents or siblings thank you.

Play a game that someone else really likes.

Gift someone a coffee, treat, or toy anonymously.

Pick up trash off the ground.

Leave a note for the person who delivers your mail or packages.

Let someone else go first in a long line.

Put away carts in the grocery store parking lot.

Help with the dishes or kitchen clean up.

Leave a positive online review of a business you use.

Call or visit a grandparent.

Set a timer and laugh for one whole minute with someone.



Write a thank you note.

Call someone to let them know you were thinking of them.